

**EAST VALLEY SCHOOL DISTRICT
STUDENT ACTIVITY CODE**

GENERAL PHILOSOPHY:

The opportunity to participate in the activity program is a privilege for students. Participants in this voluntary program are expected to conform to the specific conduct standards as outlined in the activity code. Students who choose to participate, and their parents, should recognize that being involved in athletics or other activities means spending additional time, money, and effort, as well as possible sacrifices. Participants should be reminded that they will be representing not only themselves, but also their family, their team, their school and their community. Participants should understand that high standards of academic performance, citizenship and conduct are expected because they have chosen to represent their school and community.

A student who is found to be in violation of any rule is subject to discipline/exclusion or removal from the team. The sanctions imposed for rule violations will be of a progressive nature, with repeated violations calling for more severe sanctions. However, violations of the code, which cause a serious health or safety problem or substantially disrupt the activity, may result in immediate exclusion from the activity for the remainder of the school year. A grievance hearing procedure for students is set forth in WAC 180-40-240, incorporated by this reference in this code. In summary, the WAC provides for a review by the principal, then superintendent or designee, and finally the school board. During the grievance or appeal of any discipline imposed, the discipline shall continue unless the principal postpones such action.

DEFINITIONS AND CLARIFICATIONS:

Who is Covered- The following policies apply to participants in all athletic programs including team support personnel (managers, stat keepers, etc.), cheerleaders, dance, JROTC, band and school activity, which has competitions or performances.

Duration – Participants in these programs will be required to observe the provisions of the Activity Code at all times from **the first day of turnout to last contest for that activity** or *WIAA* sport season.

Exclusion and Removal - Terms used to describe forms of discipline pursuant to WAC 180-40-205. Such discipline may include removal for one day of activities or exclusion for the remainder of the school year from activities.

Suspension - A. School Related Suspensions 1) in-school 2) Out-of-school – During such discipline an athlete may not participate in either a practice or a contest during the suspension.

Team Related Suspensions- During such discipline an athlete may not participate in a contest including pre-game warm-up but may participate in practice pending the team guidelines.

Academic Ineligibility – See Article V - Scholarship

Length of Suspension: The length of the suspension is based on the Article/Section of the athletic code violated. If the suspension is based on a percentage it is percentage of total contests for the individual sport season. The length of the suspension may carry over into the next sport season in which, the athlete participates to complete the terms of his/her suspension.

Athletic Board – Building Principal, Athletic Director, Head Coach of the sport and a Head Coach not in season.

**ARTICLE I WASHINGTON INTERSCHOLASTIC ATHLETIC ASSOCIATION
REGULATIONS**

Washington Interscholastic Activity Association (WIAA) rules shall apply in all cases of academic eligibility, physical examinations, residency, transfer, limitation of seasons, standards on age, amateur standing, and are incorporated herein by this reference. Failure to follow the WIAA rules

may result in sanctions from the WIAA to the individual sport and/or the school in addition to discipline under this activity code.

ARTICLE II EAST VALLEY SCHOOL DISTRICT GENERAL REGULATIONS

1. Activity or Sport Changes —No student may quit one activity or sport and turn out for another after the regular season contests have begun without the mutual consent of both coaches and the athletic director.
2. Awards – Completion of the sports season is required in order for the student to be eligible to receive a letter or other team or individual awards. (Exception: injury, which limits participation.) No awards shall be given to any student excluded for ten (10) or more days for an Activity Code violation. **Refer to lettering criteria in section VII.**
3. Cut Policy – A limit on number of squads in High School programs where limited-playing opportunities may necessitate “cutting” as stated in team guidelines at the beginning of the season.
4. Ineligible transfer student’s eligibility - Any student who transfers to the East Valley School District who has been removed from or is currently servicing a suspension from an athletic team at another school is must complete previous school requirements and need to meet with the athletic director to determine eligibility. The athletic board will determine the appropriate action to be taken.
5. Participation – Medical Release - Return to Participation - If a student who is injured sees a physician, physical therapist, or another medical professional, a release must be provided to the high school office in order to return to participation for liability reasons. **The athlete will not be allowed to participate in the practices or contest until the athlete has been cleared.** Note: the coach has the discretion to allow the athlete to sit on the bench during contest and may travel with the team.
6. P.E. Participation - Students who are in P.E. are required to suit up and participate. The consequence is they will not be allowed to participate in the practice or contest on that day.
7. Transportation – Participants agree to follow all school district policies and procedures related to transportation to and from events, which are as follows: 1) If an activity bus has been scheduled students are required to ride the activity bus. 2) Student participants are strongly encouraged to ride the bus following the activity or game. 3) Students may be released only to the parent/guardian following an event. 4) Parents must sign a release form supplied by the coach at the event if they transport their child. 5) A school administrator must approve variations from these policies and procedures in advance of the activity. The request must be in writing and approved prior to departure and the administrator has given approval to the coach in charge.
8. Uniforms and Equipment – No student shall use uniforms and equipment as personal items of clothing, except as authorized. Students will be personally responsible for all school equipment checked out to them and will return the same in good condition and on time. The student to whom it is checked out will pay for equipment lost or misplaced. **Student will not be allowed to be issued school equipment in another sports season until all equipment has been checked in from any previous sport.**

ARTICLE III STUDENT CONDUCT

The following substantive rules apply to all students participating in the activity program. Violation of these rules will result in discipline as described in this code.

1. Alcohol – No student shall knowingly possess, use, transmit, show evidence of, or be under the influence of alcoholic beverage or an intoxicant of any kind. **Consequence:** The first violation will result in no less than exclusion from team(s) for a period of ten (10) consecutive activity days (days of practices or games). A student may choose to have a UA (at student expense), have and adhere to a drug/alcohol assessment. If a student chooses this option the term of exclusion will be reduced to 5 days. This option is a first violation only. Note: additional consequences may be imposed by EVHS policy. A second offense will result in exclusion

from all extra-curricular activities for the remainder of the school year. These training rules apply to violations anywhere on and off the school premises during the defined activity or sports season.

2. Anabolic Steroid / Legend Drugs / Controlled Substance: – In accordance with RCW 69.41020-69.41.050, no student shall knowingly possess, use, transmit, be under the influence of, or show evidence of having recently used anabolic steroids or legend drugs (any drug that can only be obtained by prescription) or uniform controlled substances. The school has the authority to test if there is probable cause.

Consequence: The first violation will result in the student athlete's immediate exclusion from the current sports program for the remainder of the season. Ineligibility shall continue until the next sports season in which the participant wishes to participate. In order to be eligible to participate in the next interscholastic sports season, the student athlete shall meet with the school eligibility board consisting of coaches and administrators selected by the principal, to request approval to participate. The school eligibility board will recommend to the principal appropriate action to be taken in the student athlete's case. The school principal shall have the final authority as to the student athlete's participation in the interscholastic sports program. A participant who seeks and receives help for a problem with use of legend drugs or controlled substances and controlled substance analogs shall be given the opportunity for assistance through the school and/or community agencies. In no instance shall participation in a school and/or community approved assistance program excuse a student athlete from subsequent compliance with this regulation. However, successful utilization of such an opportunity or compliance with athletic code by the student athlete may allow him/her to have eligibility re-instated in the athletic program, pending recommendation by the school eligibility authority.

The second violation of RCW 69.41.20-69.41.050 by a student athlete shall result in the athlete being ineligible and prohibited from participating in any WIAA member school interscholastic sports program for a period of one calendar year from the date of the second violation.

The third violation of RCW 64.41.20-69.41.050 by a student athlete shall result in the athlete being permanently prohibited from participating in any WIAA member school athletic program. Violations of RCW 69.41.20-69.41.050 are accumulative from grades seven to twelve, and from school district to school district. Note: the consequences will be updated to comply with WIAA regulations.

3. Attendance at functions or be in immediate proximity where alcohol/drugs are being illegally used: Participants shall not attend functions or be in immediate proximity where alcohol and/or drugs are being used with their knowledge, including placing themselves in circumstances where they should reasonably know that such conditions exist. If they become aware, they will leave the function or area immediately. **Consequence:** The first violation will result in one contest suspension. The second and/or subsequent violation will be consistent with the same as those outlined for use of alcohol/drugs.
4. Criminal Acts – No student shall act in violation of city, county, state or federal criminal law. This applies to violations anywhere on or off the school premises during the defined activity or sports season. **Consequence:** The exclusion/suspension will go into effect upon final court proceeding.
5. EVHS Student Related Conduct – No student shall violate any of the established “Student Code of Conduct” rules outlined in student handbook. Violation of school rules may result in consequences, which may impact participation in practices and/or contests. Example school dress code
6. EVHS Athletic Related Conduct -- Willful disobedience, disruptive conduct, harassment (including mental, sexual, or physical abuse), fighting, irregular attendance, vulgarity and profanity while participating in his/her activity, unsafe actions, and unsportsmanlike conduct may lead to discipline. **Consequence:** For the first offense, the maximum disciplinary action may be up to 10% of contests for the individual sport as determined by the coach/supervisor, who will report the infraction in writing, to the athletic director. Extenuating circumstances may result in removal from the team for the remainder of the season. **The offender will not sit on the bench during contests or will not travel with the team while he/she is being disciplined. The participant will be required to attend all practices during his/her disciplinary action.** Repeat offenses will result in additional 10% (10% + 10%) of contests for the individual sport without competition and may lead to suspension from all extra-curricular activities for the remainder of that academic year.

7. **Sportsmanship** – No student shall display unsportsmanlike conduct or use abusive or profane language in any practice or any contest. **Consequence:** The consequence will be progressive and at the discretion of the head coach and athletic director.
8. **Team Rules** – In addition to the EVHS rules set forth above, students are responsible for additional rules that are unique to specific activities, as determined by the head coach. These rules shall be in writing, approved by the administration, and be distributed to participating students. **Consequence:** As stated in team rules.
9. **Team Building Activities:**
 - A. There shall be no activities that are commonly considered initiation rites or hazing.
 - B. The purpose of any recognition activity must be positive in nature and not have the intent to embarrass or humiliate other students.
 - C. The head coach and athletic director must approve team-building activities, including welcoming new members on to a team.**Consequences:** Athletes who violate this policy shall be subject to a seven calendar day suspension.
10. **Tobacco** – No student shall knowingly possess, use or transmit tobacco of any kind. **Consequence:** The first violation will result in suspension for a period of five (5) consecutive activity days (May practice but cannot participate in any contest for five activity days). A second offense will result in suspension from all extra-curricular activities for the remainder of the sports season. Training rules apply to violations anywhere on and off the school premises during the defined activity or sports season.

ARTICLE IV ATTENDANCE

1. **School Attendance** – A student absent for any part of a school day will not be permitted to participate in a practice, activity or contest on that day. The Principal or designee has the right to and discretion to permit a student to participate. *(Note: Occasionally, an athlete may be permitted to participate when they have a doctor's appointment that causes them to miss a school if they minimize the amount of class time missed and they bring a note from the doctor upon their return)*
2. **Suspension Attendance** - A student who is suspended from school on out-of-school suspension or in-school suspension may not practice or participate in any school activity that day(s). A student is eligible to compete on a Saturday or over a vacation if the student's suspension is completed on Friday or the last school day prior to that vacation.
3. **Practice Attendance** – It shall be a violation of these rules to have an unexcused absence from practice or meeting of the activity. **Consequence:** Will be at the discretion of head coach as stated in the team rules.

ARTICLE V SCHOLARSHIP

A student/athlete attending East Valley School District must be passing all classes and enrolled in at least 6 classes or equivalent credits while participating on an athletic team. Student participants' grades will be checked weekly, each Thursday, to identify participants who have not maintained academic eligibility standards. Students not maintaining the academic eligibility standards at grade checks will be considered ineligible and the ineligibility will begin the Monday following the grade check to the next Monday.

1. WIAA rules on academic eligibility will supersede district rules at semester grading period. WIAA stipulates that a student must be passing six classes in a seven period class schedule or equivalent credits in the immediate preceding semester. A high school student who failed to make the grade requirements shall be ineligible during the first five (5) teaching weeks of the immediately succeeding semester or the last Saturday of September for fall sport athletes. If at the end of this five-week period, the student is passing all scheduled subjects; the student may be reinstated for interscholastic competition. **Students Home Schooled, YV Teach or Running Start must provide, to the Athletic Director, verification of registration in the East Valley School District and supply a week grade check to the Athletic Director.**

Definitions or Consequences:

- a) Academic Ineligibility - means a student cannot participate in a contest. . In addition: The offender will not sit on the bench during contests or will not travel with the team while he/she is academically ineligible. The participant will be required to attend all practices during his/her disciplinary action unless prior arrangements have been made.
 - b) Passing – “Passing” is interpreted to mean at least a grade of “D.”
 - c) Incompletes – Students with incompletes will be dealt with on an individual basis by the administration. A student will be eligible on the day that the incomplete has been approved by the administration.
2. Appeals - Academic appeals will be heard by the athletic director, principal, and a parent, a coach from another program, an additional teacher, and the teacher from the class where the student is failing.

ARTICLE VI DUE PROCESS

Disciplinary procedures of this code are established to provide a fair and consistent manner of implementing sanctions. It is the responsibility of the advisor/coach to impose disciplinary measures. In the case of exclusion for more than the remainder of the day, the athletic director will be included in this decision-making process. Prior to the exclusion of a student for more than the remainder of the day, the student will be verbally advised of the alleged violation and have an opportunity to respond in a conference with the coach and athletic director. If exclusion is justified after the conference, the student and parents will be notified of the exclusion imposed.

1. Appeals - Any student, parent, and/or guardian who is aggrieved by the imposition of a discipline for violations of these rules and regulations, shall have the right to an informal conference with the coach, athletic director, and principal for the purpose of reconsideration. Said conference shall take place upon two (2) days prior notice to the principal. (The student shall be responsible for presenting his/her case.)

IF A STUDENT, PARENT, AND/OR GUARDIAN DO NOT MAKE A WRITTEN REQUEST FOR THIS INFORMAL CONFERENCE WITHIN THREE (3) SCHOOL BUSINESS DAYS OF THE IMPOSITION OF THE DISCIPLINE, THEY WILL HAVE WAIVED THEIR RIGHT TO THE INFORMAL CONFERENCE AND ANY FURTHER APPEAL.

- a. If the grievance is not resolved at the informal conference, the aggrieved party upon two (2) school business days' prior notice shall have the right to present a written and/or oral grievance to the superintendent of the district or his designee.
- b. If the grievance is not resolved by the superintendent or his/her designee, the aggrieved parties upon two (2) school business days' prior notice shall have the right to present a written and/or oral grievance to the board of directors during the board's next regular meeting. The board shall notify the student, parent, or guardian of its response to the grievance within ten (10) school business days after the date of the meeting. A board's decision shall be the final administrative decision in the district.

The discipline action shall continue notwithstanding the implementation of the grievance procedure set forth in this code unless the principal or his/her designee elects to postpone such action.

ARTICLE VII HIGH SCHOOL AWARDS

To earn a letter in a varsity sport, the participant must complete all sections in criteria I or all sections in criteria II.

CRITERIA – I

1. Complete season – (injury exception) and
2. Minimum participation requirements attained as stated in the athletic code (see below) and team guidelines– (practices, quarters, innings, matches, points) and
3. Recommendation of the coach and
4. Approval of Athletic Director or Principal – (involves citizenship, attendance, and eligibility)

CRITERIA – II

1. Be a senior and in the program for four years and complete the season in good standing.
2. Recommendation of the coach and
3. Approval of Athletic Director or Principal – (involves citizenship, attendance, and eligibility)

It is an honor to earn a letter at East Valley HS. The minimum participation requirements are as follows:

Athletics

Cross-country –One-half varsity meets

Football – one-half varsity quarters

Soccer – one-half varsity halves

Volleyball – one-half varsity matches one-half the games (3-game per match minimum)

Basketball – one-half varsity quarters

Wrestling – one-half varsity matches

Baseball –one-half varsity innings

Golf – one-half varsity matches

Tennis – One-half the varsity matches

Track – 45-varsity points **or** 30 points and qualify for district meet

Softball –one-half varsity innings

Manager – a high school student for at least 2 years and managed for 2 seasons in the same sport

Activities

Drill Team – 70% of possible points

JROTC – 80% of practices and all competitions

Cheer- fall - All football games

Winter- All assigned home and selected away contest

Band – Be an active member for 2 years

Drama - Be an active member for 2 years

DECA – Qualify for state and be an active member for 3 years

Knowledge Bowl – one more than half of contests

Dance Team – 90% of practices and performances

AWARDS –

1. Certificate of Participation – non-letter winners.
2. Letter Certificate – letter winner each occasion.
3. Chenille – first time letter winner.
4. Metal Insignia– letter winner each occasion.
5. Trophies – provided as individual awards to selected varsity team members. The designation of the award and the means of determining the recipient are determined by the coach. Three trophies are provided programs that are inclusive of grades seven to twelve. One trophy is provided for programs with just a varsity team.

Athletic Eligibility Check List

In order to be eligible to participate in interscholastic sports at East Valley High School, you must meet the eligibility requirements, turn in all eligibility forms and pay required fees to the main office prior to turnout.

Eligibility Requirement

- a I did not turn 20 years of age before the start of each sports season.
- b I must be enrolled in (regular member) East Valley HS and passing 6 classes or equivalent credits in both the immediate preceding and current semester. Students must be passing all classes during weekly grade checks (see letter n below).
- c I must be in regular attendance within the first fifteen (15) school days in a semester in order to participate in interscholastic contests during the current semester.
- d I must live with their family unit or legal guardian in the attendance boundaries of the East Valley School District or students must have attended EVSD the previous complete school year and have a Non-resident Student Guest Policy on file.
- e I have not transferred from one school to East Valley School District within the last school year without a bona fide change of residence to the East Valley School District by your family unit and I have no conditions of ineligibility at my previous school.
- f I have not been enrolled in high school for more than 8-consecutive semesters.
- g I am an amateur in the sports in which I compete interscholastically, and I have not accepted cash or any award, equipment or prize valued greater than \$ 300.00 per sport.
- h I have not been recruited to attend this school.
- i I have passed a physical examination from a medical authority approved by law. The current physical must be signed and is good for one year (13 months) from the date the physical took place.
- j Parent Consent Form – This form must be signed and is good for all sports, which the student will participate in that year.
- k Medical Emergency Form – a new form must be signed for each sport season.
- l Student Athletic Code – The Athletic Code needs to be read and both parent & student need to sign the provided form – **a new form must be signed for each school year.**
- m Insurance Waiver or School Insurance – You must have medical insurance coverage that includes the minimum provisions listed on the Parent Consent Form.
- n Two scholastic grade check will be done. 1) A student must have passed 6 or more classes in the immediate preceding semester grading period to be eligible at the beginning of the sports season. 2) Weekly grade check – each Thursday and the athlete must be passing all classes.
- o A risk letter for each sport of participation must be signed and turned in to the office.
- p Student Home schooled YV Tech, Independent Studies, Learning Academy or Running Start must provide, to the Athletic Director, verification of registration in the East Valley School District and supply a weekly grade check to the Athletic Director. Students not providing documentation will be ineligible.

Required Fees:

1. ASB Card:

When the above requirements have been met, the student will be placed on “eligible” list for that sport. The coach will be given a list of eligible players before the first turnout.