

Parent & Student

Information About Sexting

"Sexting" is the act of sending, receiving or forwarding sexually explicit messages, photos or images via cell phone. There have been numerous stories recently across the nation about the serious consequences teenagers face when they take and distribute provocative pictures of themselves and others.

Just how prevalent is sexting? Consider these results from a recent survey of 1,280 teens conducted by the National Campaign to Prevent Teen and Unplanned Pregnancy: 21 percent of teen girls and 18 percent of teen boys have sent or posted nude or semi-nude images of themselves, and 25 percent of teen girls and 33 percent of teen boys say they have had nude or semi-nude images shared with them.

Because this behavior is considered "viewing pornography," sexting offenses are a serious matter. As are other districts, East Valley is in the process of establishing discipline policies for sexting. Those consequences may involve contacting the police and possibly even child protective services, dependent upon the circumstances and the ages of those involved.

Experts agree that education is one of the best ways to head off sexting and related offenses. Parents are encouraged to talk with their children about sexting using the following as a guide –

Five Things to Think About Before Pressing 'Send':

- Don't assume anything you send or post is going to remain private
- There is no changing your mind in cyberspace—anything you send or post will never truly go away
- Don't give in to the pressure to do something that makes you uncomfortable, even in cyberspace
- Consider the recipient's reaction. Just because a message is meant to be fun doesn't mean the person who gets it will see it that way
- Nothing is truly anonymous. Even if someone only knows you by screen name, online profile, phone number or e-mail address, they can probably find you if they try hard enough.

EVHS Athletic Director Honored

East Valley High Athletic Director, Mr. Dave Cullen was presented the 2009 State Award of Merit by the Washington Secondary School Athletic Administrators Association on April 7th. The presentation will be made at the state conference for athletic administrators in Spokane, Washington.

An Eastern Washington University graduate, Mr. Cullen has been in education for thirty years and has been in athletic admin. for twelve of those years. In addition to his work as an athletic administrator, Cullen has coached baseball and football and was named the Wa. State baseball coach of the year in 1999.

Mr. Cullen has served locally as both President and Secretary of the Central Washington Athletic Conference. At the state level he has served and continues to serve as a board member of the WSSAAA. Last year, he served as the organization's president. **Congratulations to Mr. Cullen for this well deserved honor.**

Announcements for Juniors and Seniors

- Seniors - The deadline to turn in baby pictures for the graduation slide show is April 15th. Those who have not turned in pictures need to do so immediately. Write your name on the back and give it to Mr. Bishop.
- Seniors - check the scholarship board and pick up applications. Many local scholarships are posted.
- Seniors who receive scholarships should notify the counseling office so that the award is included in the graduation program. Thank you in advance for helping us.
- Juniors - College bound juniors should be registering for the SAT or ACT this spring. Apply online at www.collegeboard.com or www.actstudent.org.

March Students of the Month

Congratulations to the following students who were selected by the faculty as the students of the month for March:

<u>Department</u>	<u>Student</u>
Fine Arts	Brittany Durand
Career Tech Ed	Sam Johnson
English	Jenel Cornejo
Military Science	Noemi Barbosa
World Languages	Dilpreet Randhawa
Math	Luis Magana
Health & Fitness	Chris Campos
Student Services	Angie Perrotti
Social Studies	Kendall Hull

Jenel Cornejo was selected by staff as the most outstanding EVHS student for March.

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